

1

00:00:00,000 --> 00:00:27,760

This man, Ray Bryant, is looking for what he thinks is his own grave.

2

00:00:27,760 --> 00:00:33,880

For somewhere in this cemetery lies soldier Ruben Stafford, died 1879. Can Bryant, as he

3

00:00:33,880 --> 00:00:39,240

claims, be Stafford reborn? What else can explain the way he relives the dead man's life under

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00:00:39,240 --> 00:00:43,680

hypnosis, like this moment from the Crimean War?

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00:00:43,680 --> 00:00:57,040

Half asleep, half asleep, half asleep. According to the Army records, he was wounded in the

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00:00:57,040 --> 00:01:03,200

left hand of that battle. Can Bryant, can we all have lived before?

7

00:01:03,200 --> 00:01:08,840

Mysteries from the files of Arthur C. Clarke, scientist, writer and visionary, the scientist

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00:01:08,840 --> 00:01:14,600

who invented the communication satellite, the writer of 2010, and now in retreat in Sri

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00:01:14,600 --> 00:01:18,600

Lanka the visionary who ponders the riddles of this and other worlds.

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00:01:38,840 --> 00:01:53,080

This is the editorial office of The Sun, one of Sri Lanka's most popular newspapers. The

11

00:01:53,080 --> 00:01:59,080

journalists behind me are writing up tomorrow's edition, stories of politics, sports, human

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00:01:59,080 --> 00:02:04,200

interests, the kind of material that sells newspapers all over the world. But there's

13

00:02:04,200 --> 00:02:09,800

one kind of story that The Sun thrives on that you'll hardly ever see in the Western

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00:02:09,800 --> 00:02:17,640

press and there are bulging files on it here. These are stories of reincarnation. They tell

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00:02:17,640 --> 00:02:23,800

of young children who often as soon as they can speak talk about their real parents and

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00:02:23,800 --> 00:02:30,680

their other homes. They seem to recall previous lives often in such detail that they not only

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00:02:30,680 --> 00:02:37,160

provide good copy for local journalists but they persuade researchers all over the world

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00:02:37,160 --> 00:02:42,520

that there's a phenomenon here worth investigating. Here's a story of a little boy, Adjit, who

19

00:02:42,520 --> 00:02:49,400

remembers drowning five years ago. And here is a story about a little five-year-old girl

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00:02:49,400 --> 00:02:57,240

who thinks she's a man who was killed in a road accident. But the story which most fascinates me

21

00:02:58,040 --> 00:03:02,840

is one that comes from the place I love most in Sri Lanka, the beautiful little bay of

22

00:03:02,840 --> 00:03:11,880

Unuvatuna on the shores of the Indian Ocean. The story is a tragic reminder of Sri Lanka's

23

00:03:11,880 --> 00:03:18,600

brief but bloody insurrection of 1971. A captured rebel, a young man named Robert,

24

00:03:19,320 --> 00:03:24,440

leapt to his death into the sea. His close companion, Johnny, had already been killed.

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00:03:24,920 --> 00:03:30,280

These twin girls were not born until seven years later. Yet almost as soon as they could speak,

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00:03:30,280 --> 00:03:34,680

they claimed to be reincarnations of Johnny and Robert.

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00:03:35,320 --> 00:03:39,480

Sharomi recounts gruesome details of Johnny's death.

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00:03:40,120 --> 00:03:44,840

Shivanti says she remembers leaping into the sea with a wrists wired together.

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00:03:45,560 --> 00:03:51,080

Such stories are intriguing but for them to be accepted as evidence of reincarnation,

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00:03:51,720 --> 00:03:56,520

every detail must be checked by a trusted investigator.

31

00:03:57,320 --> 00:04:02,840

Journalist Delrin Vigirattini covers many reincarnation stories. The latest comes from

32

00:04:02,840 --> 00:04:11,000

a jungle village, Pethiyagada. In this case, four-year-old Inoka is the child who claims to have lived before.

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00:04:11,720 --> 00:04:19,800

The story goes that when she first began to talk, Inoka told her mother Rita Sriyani that she had

34

00:04:19,800 --> 00:04:25,880

another family. They lived in a town called Minawangada. She claimed to remember having two

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00:04:25,880 --> 00:04:31,320

sisters and a brother. They lived in much less primitive surroundings. Their house had running

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00:04:31,320 --> 00:04:33,720

water and electricity.

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00:04:41,320 --> 00:04:45,960

Inoka's mother says she'd never believed in reincarnation and she certainly wasn't going

38

00:04:45,960 --> 00:04:50,280

to trek six miles through the jungle to Minawangada to check Inoka's claims.

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00:04:55,080 --> 00:05:01,400

At first, we started ignoring her conversation because we didn't want our only daughter to

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00:05:01,400 --> 00:05:05,160

talk about another family, another father and another mother.

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00:05:05,480 --> 00:05:10,440

But Inoka's grandmother Kiriyaama did listen to the tales of the little girl and in the end

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00:05:10,440 --> 00:05:13,160

was persuaded to take her to Minawangada.

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00:05:17,160 --> 00:05:22,360

At the Buddhist temple there, the priests were intrigued but not surprised for Buddhists'

44

00:05:22,360 --> 00:05:28,120

belief in reincarnation. They soon discovered that eight years before, an 11-year-old girl

45

00:05:28,120 --> 00:05:33,960

called Milani had died in a motorbike accident. She'd had one brother and two sisters and

46

00:05:33,960 --> 00:05:39,960

they'd lived in this modern house. It all fitted Inoka's description. When she was taken there,

47

00:05:39,960 --> 00:05:43,960

her first reactions amazed her mother, Rita Sreyani.

48

00:05:47,960 --> 00:05:53,960

She was no stranger in that house and her first question was, where's my daughter?

49

00:05:53,960 --> 00:06:01,960

She started calling the mother of her previous life, Mummy and Rita Sreyani was quite unhappy

50

00:06:02,920 --> 00:06:07,960

about it and she was asking for all the toys of her previous birth.

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00:06:10,280 --> 00:06:13,960

Today, Inoka frequently makes the journey to Minawangada.

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00:06:13,960 --> 00:06:31,960

Milani's father welcomes Inoka as a member of the family.

53

00:06:31,960 --> 00:06:35,960

Bandu accepts her as his reborn sister.

54

00:06:35,960 --> 00:06:47,960

The girls say Inoka knew their names the first time she came to play

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00:06:51,960 --> 00:06:55,960

and she went straight to this cupboard for the dead girl's suitcase of toys.

56

00:06:59,960 --> 00:07:03,960

She identified Milani's photograph as my picture and she calls Mrs. Gaudagampala her real mother.

57

00:07:05,960 --> 00:07:09,960

And what difference did Inoka's arrival make to your life?

58

00:07:11,960 --> 00:07:17,960

I was really happy because I had three or four children, I lost one and I got her back again.

59

00:07:17,960 --> 00:07:21,960

I see no other explanation to this story other than reincarnation.

60

00:07:21,960 --> 00:07:29,960

I mean, how can you expect a girl from Pethya Gauda that's six miles away from this spot

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00:07:29,960 --> 00:07:34,960

to talk of a family in Minawangada that she has never seen or heard before?

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00:07:35,960 --> 00:07:38,960

So you have to accept it as reincarnation and nothing else?

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00:07:41,960 --> 00:07:44,960

So the strange claims Inoka made when she began to speak

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00:07:44,960 --> 00:07:48,960

have brought great happiness to a family that no longer mourns.

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00:07:48,960 --> 00:07:53,960

Stories of this kind are very rare in Britain.

66

00:07:53,960 --> 00:08:00,960

One of the most remarkable began in 1957 in Northumberland in the country town of Hexham.

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00:08:00,960 --> 00:08:05,960

It was there one Sunday morning that tragedy struck John Pollock and his family.

68

00:08:05,960 --> 00:08:09,960

In the morning, the family was taken to the hospital.

69

00:08:09,960 --> 00:08:12,960

The family was taken to the hospital.

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00:08:12,960 --> 00:08:17,960

It was there one Sunday morning that tragedy struck John Pollock and his family.

71

00:08:17,960 --> 00:08:22,960

His two daughters and a friend were killed by a car on their way to church.

72

00:08:26,960 --> 00:08:29,960

Jacqueline was six and Joanna eleven when they died,

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00:08:29,960 --> 00:08:33,960

but John Pollock did not despair while Hexham grieved.

74

00:08:33,960 --> 00:08:37,960

He believed that his wife would conceive twins that the girls would be reborn.

75

00:08:37,960 --> 00:08:43,960

From the moment I knew she was pregnant, I believed that the girls would come back.

76

00:08:43,960 --> 00:08:49,960

And against all the doctor's predictions, Florence Pollock did produce twin girls.

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00:08:49,960 --> 00:08:56,960

The first thing I noticed when I saw those twins was, we hadn't named them then,

78

00:08:56,960 --> 00:09:03,960

but the younger one of the two had the scar coming across her forehead down onto the bridge of her

nose,

79

00:09:03,960 --> 00:09:09,960

which was the identical scar that Jacqueline, the younger one of the girls, had had

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00:09:09,960 --> 00:09:12,960

when she fell off a little tricycle when she was about two years old.

81

00:09:12,960 --> 00:09:17,960

Also, I didn't see it at the time, but later, my wife said to me, it's an incredible thing,

82

00:09:17,960 --> 00:09:22,960

but she's also got the birthmark on her left hip that Jacqueline had.

83

00:09:22,960 --> 00:09:26,960

Jacqueline had a birthmark on her left hip which was like a brown thumbprint.

84

00:09:26,960 --> 00:09:30,960

To this day, Jennifer still has that brown birthmark.

85

00:09:34,960 --> 00:09:39,960

Mrs Pollock was astonished when she gave the twins the dead girls dolls.

86

00:09:39,960 --> 00:09:44,960

When I got these two dolls out, one said, oh, that's Mary and that's Susan.

87

00:09:44,960 --> 00:09:48,960

And it was exactly the same name as my other daughters had named them.

88

00:09:48,960 --> 00:09:53,960

And that was the sort of really turning point in my way of thinking.

89

00:09:53,960 --> 00:09:58,960

The family had moved away after the tragedy, but on their first visit to Hexham,

90

00:09:58,960 --> 00:10:01,960

the twins seemed to remember the landmarks.

91

00:10:01,960 --> 00:10:05,960

Well, when we came at the top of Battle Hill, they came over the brow,

92

00:10:05,960 --> 00:10:08,960

approaching St Mary's Church, which they couldn't see.

93

00:10:08,960 --> 00:10:13,960

One turned to the other and said, well, the school's around here, which we used to go to,

94

00:10:13,960 --> 00:10:15,960

and the playground's around the back.

95

00:10:15,960 --> 00:10:19,960

Now, they couldn't possibly have seen any sign of a school or a church even.

96

00:10:19,960 --> 00:10:22,960

I mean, they were so small, they couldn't even have seen over the wall.

97

00:10:22,960 --> 00:10:25,960

And sure enough, I mean, the school is around the corner.

98

00:10:25,960 --> 00:10:28,960

And this was the most incredible thing.

99

00:10:28,960 --> 00:10:32,960

And we continued to walk on. I mean, we were absolutely amazed at this.

100

00:10:32,960 --> 00:10:39,960

And as we came past the church, on the opposite side of the road is Hexham Abbey and the Abbey grounds.

101

00:10:39,960 --> 00:10:44,960

And one turned and said, oh, the playground's over there.

102

00:10:44,960 --> 00:10:47,960

And she was right. The playground was over there,

103

00:10:47,960 --> 00:10:49,960

but they couldn't see it from where they were standing

104

00:10:49,960 --> 00:10:54,960

because the brow of the hill was in the way.

105

00:10:54,960 --> 00:10:57,960

So convinced with the Pollocks that their daughters had been reborn,

106

00:10:57,960 --> 00:11:01,960

that even the children's grave no longer held any sorrow for them.

107

00:11:01,960 --> 00:11:03,960

There's a grave there, but it means nothing.

108

00:11:03,960 --> 00:11:06,960

To me, to bring flowers or anything but on the grave would be sheer ecoculture

109

00:11:06,960 --> 00:11:08,960

because I don't believe that they're here.

110

00:11:08,960 --> 00:11:12,960

I mean, it's just a symbol of two girls that lived that were reborn.

111

00:11:15,960 --> 00:11:18,960

Such accounts of rebirth are rare in the West

112

00:11:18,960 --> 00:11:23,960

where the most fruitful source of material is hypnotic regression.

113

00:11:23,960 --> 00:11:27,960

It was hypnotic regression that convinced Ray Bryant that he had lived before

114

00:11:27,960 --> 00:11:29,960

as color sergeant Ruben Stafford,

115

00:11:29,960 --> 00:11:33,960

who fought in the Crimea and was buried in this cemetery.

116

00:11:35,960 --> 00:11:39,960

Bryant hopes to find the truth in Preston.

117

00:11:42,960 --> 00:11:45,960

Fullwood Barracks is the headquarters of Stafford's regiment,

118

00:11:45,960 --> 00:11:48,960

the 47th Lancashire Regiment of Foot.

119

00:11:48,960 --> 00:11:52,960

Under hypnosis, Ray seems to remember living as Stafford,

120

00:11:52,960 --> 00:11:55,960

and many of his memories check out.

121

00:11:55,960 --> 00:11:59,960

There was such a person as color sergeant Ruben Stafford

122

00:11:59,960 --> 00:12:01,960

at the 47th Lancashire Regiment of Foot.

123

00:12:01,960 --> 00:12:03,960

He did actually exist.

124

00:12:03,960 --> 00:12:06,960

We began to find army records which proved it.

125

00:12:06,960 --> 00:12:08,960

We found his death certificate.

126

00:12:08,960 --> 00:12:11,960

Stafford drowned in London in 1879,

127

00:12:11,960 --> 00:12:15,960

but 25 years earlier he fought in the Crimean War.

128

00:12:15,960 --> 00:12:18,960

In the regimental safe are dozens of letters

129

00:12:18,960 --> 00:12:21,960

crammed with details of the Crimean Campaign.

130

00:12:21,960 --> 00:12:24,960

As far as anyone knows, they've never been published,

131

00:12:24,960 --> 00:12:26,960

so Bryant cannot have seen them.

132

00:12:26,960 --> 00:12:30,960

Colonel John Byrd hopes to check Bryant's apparent memories

133

00:12:30,960 --> 00:12:32,960

against the facts in these letters.

134

00:12:32,960 --> 00:12:34,960

They were written by Major Richard Farron,

135

00:12:34,960 --> 00:12:36,960

Second in command of the regiment.

136

00:12:36,960 --> 00:12:40,960

Every week he described to his mother the agonies of the Crimea.

137

00:12:40,960 --> 00:12:43,960

If I do remember what is in those letters,

138

00:12:43,960 --> 00:12:46,960

we still can't say that it really proves anything.

139

00:12:46,960 --> 00:12:48,960

We can't say that it's reincarnation,

140

00:12:48,960 --> 00:12:50,960

we can't say that it's inherited memory,

141

00:12:50,960 --> 00:12:52,960

we can't say that it's telepathy.

142

00:12:52,960 --> 00:12:54,960

We can't really say what it is,

143

00:12:54,960 --> 00:12:56,960

but at least it shows that something is there,

144

00:12:56,960 --> 00:12:59,960

and it is not all imagination.

145

00:12:59,960 --> 00:13:01,960

All right, let's do it.

146

00:13:01,960 --> 00:13:03,960

In the regimental museum,

147

00:13:03,960 --> 00:13:06,960

Bryant will be hypnotized and taken back in time

148

00:13:06,960 --> 00:13:08,960

for Colonel Byrd's interrogation.

149

00:13:08,960 --> 00:13:10,960

Until he goes under, he's blindfolded,

150

00:13:10,960 --> 00:13:14,960

so that he cannot pick up any clues from the museum's treasures.

151

00:13:32,960 --> 00:13:36,960

Before long, Bryant is unconscious and ready for regression.

152

00:13:36,960 --> 00:13:40,960

First, hypnotist Joe Keaton takes him back through his own life.

153

00:13:40,960 --> 00:13:47,960

Everything you tell us must be things that have actually happened to you personally.

154

00:13:47,960 --> 00:13:52,960

Nothing you've read, nothing you've watched, nothing you've been told.

155

00:13:52,960 --> 00:13:55,960

It's Christmas Day today and you're three years old.

156

00:13:55,960 --> 00:13:58,960

It's Christmas Day today and you're three.

157

00:13:58,960 --> 00:14:00,960

Hello Ray.

158

00:14:00,960 --> 00:14:02,960

How are you?

159

00:14:04,960 --> 00:14:06,960

What are you doing?

160

00:14:07,960 --> 00:14:09,960

What are you doing?

161

00:14:09,960 --> 00:14:12,960

I'm looking at the tree.

162

00:14:12,960 --> 00:14:14,960

What tree?

163

00:14:16,960 --> 00:14:18,960

You trying to get in there for you?

164

00:14:19,960 --> 00:14:21,960

What is that?

165

00:14:23,960 --> 00:14:25,960

It's a pass.

166

00:14:25,960 --> 00:14:27,960

Oh, do you watch any?

167

00:14:27,960 --> 00:14:30,960

I don't know. Who brought it?

168

00:14:30,960 --> 00:14:32,960

Um, I...

169

00:14:32,960 --> 00:14:36,960

But even more remarkably, it seems he can be regressed to before he was born.

170

00:14:36,960 --> 00:14:39,960

I'll go back further still.

171

00:14:39,960 --> 00:14:41,960

Go back further still.

172

00:14:41,960 --> 00:14:45,960

I want you to go back to the year 1855.

173

00:14:45,960 --> 00:14:48,960

It is the year 1855.

174

00:14:48,960 --> 00:14:53,960

In 1855, the 47th faced a bitter Crimean winter.

175

00:14:53,960 --> 00:14:57,960

Under hypnosis, Brian seems to re-experience every hardship

176

00:14:57,960 --> 00:15:01,960

suffered by the ill-equipped infantry and his accent has changed.

177

00:15:01,960 --> 00:15:04,960

I am bloody cramp.

178

00:15:05,960 --> 00:15:07,960

Why have you got cramp?

179

00:15:07,960 --> 00:15:09,960

Because it's bloody cold.

180

00:15:14,960 --> 00:15:20,960

Very convincing, but can he recall simple details like the names of the men in command?

181

00:15:20,960 --> 00:15:24,960

Can you give me the names of any of your officers?

182

00:15:24,960 --> 00:15:27,960

Lownds, Captain Lownds.

183

00:15:27,960 --> 00:15:30,960

There's Company Commander.

184

00:15:30,960 --> 00:15:32,960

Hmm.

185

00:15:32,960 --> 00:15:34,960

There's Simon Irving.

186

00:15:34,960 --> 00:15:36,960

There's a second in command.

187

00:15:36,960 --> 00:15:40,960

And who was commanding the 47th?

188

00:15:40,960 --> 00:15:42,960

Colonel Villiers.

189

00:15:42,960 --> 00:15:44,960

Colonel Villiers? I see.

190

00:15:44,960 --> 00:15:47,960

Sadly, he was only partly right.

191

00:15:47,960 --> 00:15:52,960

The army list for that year shows that there was a Captain Lownds, but no Lieutenant Irving.

192

00:15:52,960 --> 00:15:55,960

There were two Captains called Villiers, but no Colonel.

193

00:15:55,960 --> 00:15:59,960

In command of the 47th was Colonel William O'Grady Hayley.

194

00:16:01,960 --> 00:16:05,960

And curiously, he's wrong about something Stafford must have known.

195

00:16:05,960 --> 00:16:08,960

You carry a rifle?

196

00:16:08,960 --> 00:16:11,960

What sort of rifle?

197

00:16:18,960 --> 00:16:20,960

Hammond.

198

00:16:20,960 --> 00:16:22,960

Hammond?

199

00:16:22,960 --> 00:16:24,960

Hmm.

200

00:16:24,960 --> 00:16:27,960

A Hammond rifle?

201

00:16:27,960 --> 00:16:32,960

In fact, the regiment had just been issued with Minier rifles.

202

00:16:32,960 --> 00:16:37,960

There was a Hammond rifle, but the army didn't even test it until more than ten years later.

203

00:16:39,960 --> 00:16:44,960

But his description of a drum captured from the Russians was uncannily close.

204

00:16:44,960 --> 00:16:47,960

Did you capture any drums?

205

00:16:47,960 --> 00:16:49,960

No.

206

00:16:49,960 --> 00:16:51,960

No.

207

00:16:51,960 --> 00:16:52,960

Have you seen them?

208

00:16:52,960 --> 00:16:53,960

Side drums.

209

00:16:53,960 --> 00:16:55,960

Side drums, were they?

210

00:16:55,960 --> 00:16:58,960

What were they like? Like our own?

211

00:16:58,960 --> 00:17:03,960

Gold or brassy sort of ornament.

212

00:17:03,960 --> 00:17:08,960

I saw them on churches. I saw animal head.

213

00:17:08,960 --> 00:17:13,960

It's the 20th of September, 1854.

214

00:17:13,960 --> 00:17:18,960

Now, what's going on around you? What are you doing?

215

00:17:18,960 --> 00:17:23,960

I'm camped on El's...

216

00:17:23,960 --> 00:17:25,960

...above Alma.

217

00:17:25,960 --> 00:17:27,960

Above the Alma?

218

00:17:27,960 --> 00:17:28,960

Aye.

219

00:17:28,960 --> 00:17:29,960

What's the Alma?

220

00:17:29,960 --> 00:17:31,960

Alma is...

221

00:17:31,960 --> 00:17:34,960

...Alma River.

222

00:17:34,960 --> 00:17:39,960

And which, where is the Alma from where you are at this very moment?

223

00:17:39,960 --> 00:17:41,960

It's down Blorta.

224

00:17:43,960 --> 00:17:45,960

Well, oh...

225

00:17:45,960 --> 00:17:51,960

The Alma River was the scene of one of the most ferocious battles of the Crimean War.

226

00:17:51,960 --> 00:17:56,960

Bryant's description of crossing the river is so vivid, it's hard to believe he isn't there.

227

00:17:56,960 --> 00:17:58,960

Major Farron wrote home,

228

00:17:58,960 --> 00:18:02,960

the heavy guns of the enemy were placed on the high ground beyond the river.

229

00:18:02,960 --> 00:18:07,960

And the moment we came within range, he fired away round shot, grape and shells,

230

00:18:07,960 --> 00:18:11,960

which rattled like a storm of hailstones.

231

00:18:12,960 --> 00:18:16,960

You're crossing the Alma with your regiment.

232

00:18:16,960 --> 00:18:18,960

What's going on?

233

00:18:22,960 --> 00:18:25,960

I'm coming on under fire.

234

00:18:25,960 --> 00:18:26,960

From where?

235

00:18:26,960 --> 00:18:27,960

From El's.

236

00:18:27,960 --> 00:18:29,960

Where are the El's?

237

00:18:29,960 --> 00:18:32,960

Hurry up, hurry up. El's up the front.

238

00:18:32,960 --> 00:18:35,960

Yes, go to sleep. Go to sleep.

239

00:18:35,960 --> 00:18:38,960

What was it like crossing the river?

240

00:18:38,960 --> 00:18:40,960

It was horrible.

241

00:18:40,960 --> 00:18:43,960

There were a lot of shrapnel all about.

242

00:18:43,960 --> 00:18:46,960

What was the crossing like? Was it deep?

243

00:18:46,960 --> 00:18:48,960

Waste.

244

00:18:48,960 --> 00:18:50,960

Up above waste.

245

00:18:50,960 --> 00:18:52,960

And...

246

00:18:52,960 --> 00:18:54,960

..and...

247

00:18:54,960 --> 00:18:56,960

..and...

248

00:18:56,960 --> 00:19:00,960

What's the ground like on your way up the hill at the other side, where you are now?

249

00:19:00,960 --> 00:19:02,960

Sand and mud.

250

00:19:02,960 --> 00:19:05,960

I mean, you can't grip hardly.

251

00:19:05,960 --> 00:19:07,960

Farron wrote,

252

00:19:07,960 --> 00:19:10,960

The river is a difficult one for troops to forward under fire.

253

00:19:10,960 --> 00:19:13,960

The banks were steep and precipitous and slippery with mud.

254

00:19:13,960 --> 00:19:16,960

Bryant's exactly right about the mud.

255

00:19:16,960 --> 00:19:18,960

It's an extraordinary performance.

256

00:19:18,960 --> 00:19:21,960

And yet he's got many simple facts wrong.

257

00:19:21,960 --> 00:19:25,960

So do regressions really provide evidence for reincarnation?

258

00:19:25,960 --> 00:19:30,960

The key to these regressions may have been discovered as long ago as 1906.

259

00:19:30,960 --> 00:19:34,960

Under hypnosis, a woman recalled intimate details

260

00:19:34,960 --> 00:19:37,960

of her past life as a medieval lady,

261

00:19:37,960 --> 00:19:39,960

Blanche Pointings,

262

00:19:39,960 --> 00:19:43,960

a close friend of Maude, Countess of Salisbury.

263

00:19:43,960 --> 00:19:47,960

However, the case was blown when she was re-hypnotised

264

00:19:47,960 --> 00:19:50,960

and asked where she'd obtained the information.

265

00:19:50,960 --> 00:19:53,960

She answered from a book, Countess Maude,

266

00:19:53,960 --> 00:19:55,960

by Emily Holt.

267

00:19:55,960 --> 00:19:57,960

And here it is.

268

00:19:57,960 --> 00:20:02,960

The closing pages are an historical appendix

269

00:20:02,960 --> 00:20:07,960

about Blanche Pointings, born before 1349.

270

00:20:07,960 --> 00:20:11,960

It turned out that she'd read this book many years before.

271

00:20:11,960 --> 00:20:14,960

And although she'd completely forgotten it,

272

00:20:14,960 --> 00:20:19,960

the facts have lugged themselves in her subconscious mind.

273

00:20:19,960 --> 00:20:23,960

Under hypnosis, not only did she recall the plot,

274

00:20:23,960 --> 00:20:26,960

she wrote herself into the script.

275

00:20:26,960 --> 00:20:29,960

This amazing ability of the human mind

276

00:20:29,960 --> 00:20:33,960

to remember yet to forget that it is remembering

277

00:20:33,960 --> 00:20:35,960

is called cryptomnesia.

278

00:20:35,960 --> 00:20:40,960

These secret memories, when triggered by hypnosis,

279

00:20:40,960 --> 00:20:45,960

can sometimes be so vivid that they're mistaken for reality.

280

00:20:45,960 --> 00:20:48,960

A remarkable case of cryptomnesia

281

00:20:48,960 --> 00:20:51,960

was shown by a Finnish teenager in the 1960s.

282

00:20:54,960 --> 00:20:56,960

Lisa spoke no English then,

283

00:20:56,960 --> 00:20:59,960

but when Dr. Reimer Kampmann regressed her,

284

00:20:59,960 --> 00:21:03,960

she described life as an innkeeper's daughter in medieval Norfolk

285

00:21:03,960 --> 00:21:06,960

and suddenly burst into song in English.

286

00:21:06,960 --> 00:21:13,960

Summer is a common in loud sing-go-go

287

00:21:13,960 --> 00:21:20,960

Grow a seed and glows, meet and sing as old and old

288

00:21:20,960 --> 00:21:25,960

Sing-go-go

289

00:21:26,960 --> 00:21:29,960

But how had she learned an English song?

290

00:21:31,960 --> 00:21:34,960

Kampmann hypnotized her again and asked her.

291

00:21:34,960 --> 00:21:37,960

She said from a book, the story of music,

292

00:21:37,960 --> 00:21:39,960

she'd seen it in the library.

293

00:21:41,960 --> 00:21:44,960

One glance at this page and this old English song,

294

00:21:44,960 --> 00:21:49,960

foreign words, music and all, were imprinted on her mind.

295

00:21:49,960 --> 00:21:51,960

Since then she has learned English

296

00:21:51,960 --> 00:21:54,960

and a distrust of hypnotic regression.

297

00:21:55,960 --> 00:21:57,960

I think it is nonsense.

298

00:21:57,960 --> 00:22:05,960

And if we think these personalities, I have had many.

299

00:22:05,960 --> 00:22:08,960

It's not a question of reincarnation.

300

00:22:08,960 --> 00:22:11,960

It's just productive imagination.

301

00:22:11,960 --> 00:22:13,960

That's my opinion.

302

00:22:13,960 --> 00:22:16,960

We're all bombarded with masses of information

303

00:22:16,960 --> 00:22:20,960

from radio, TV, movies, books.

304

00:22:20,960 --> 00:22:23,960

People who claim to have lived past lives

305

00:22:23,960 --> 00:22:26,960

may have unconsciously absorbed the facts

306

00:22:26,960 --> 00:22:30,960

and stored them somewhere in the recesses of their minds.

307

00:22:30,960 --> 00:22:34,960

What these stories of reincarnation do prove

308

00:22:34,960 --> 00:22:37,960

is that our brains have a truly amazing ability

309

00:22:37,960 --> 00:22:40,960

to store huge blocks of information

310

00:22:40,960 --> 00:22:43,960

and to reproduce them with complete accuracy.

311

00:22:43,960 --> 00:22:46,960

This seems to me almost as amazing

312

00:22:46,960 --> 00:22:50,960

and as improbable as reincarnation itself.

313

00:22:50,960 --> 00:22:52,960

And just in case you do live again,

314

00:22:52,960 --> 00:22:56,960

you can be sure of an invitation to come as you were

315

00:22:56,960 --> 00:23:00,960

to the Los Angeles Reincarnation Party.

316

00:23:00,960 --> 00:23:04,960

Her Majesty, Queen Isabella of Spain.

317

00:23:09,960 --> 00:23:11,960

Anne Boliv.

318

00:23:13,960 --> 00:23:16,960

Whenever they can, the party guests try to dress up

319

00:23:16,960 --> 00:23:18,960

as the people they believe they once were.

320

00:23:18,960 --> 00:23:21,960

Talk naturally is of days gone by.

321

00:23:21,960 --> 00:23:24,960

Your right to do as the majority of the country dictates.

322

00:23:24,960 --> 00:23:26,960

No.

323

00:23:26,960 --> 00:23:28,960

We'll fight you for that.

324

00:23:28,960 --> 00:23:30,960

Bad gum, Yankee.

325

00:23:30,960 --> 00:23:32,960

Fetert Scum.

326

00:23:32,960 --> 00:23:34,960

We have all day to join us.

327

00:23:34,960 --> 00:23:36,960

Some very fascinating people.

328

00:23:36,960 --> 00:23:37,960

What about you?

329

00:23:37,960 --> 00:23:39,960

I am Escalopius,

330

00:23:39,960 --> 00:23:44,960

which is Apollo's mortal son.

331

00:23:44,960 --> 00:23:47,960

Oh, that's how I recognize you.

332

00:23:47,960 --> 00:23:50,960

I was coined in China, 4,000 BC.

333

00:23:50,960 --> 00:23:52,960

I know this was my life.

334

00:23:52,960 --> 00:23:54,960

I was a simple woman as a temple healer,

335

00:23:54,960 --> 00:23:56,960

and I was killed by the Mongols,

336

00:23:56,960 --> 00:23:58,960

strung up, and I became a goddess

337

00:23:58,960 --> 00:24:01,960

because the people came back and saw what had happened.

338

00:24:01,960 --> 00:24:04,960

You know, I was James Dean of my past life.

339

00:24:08,960 --> 00:24:11,960

I had deja vu experiences,

340

00:24:11,960 --> 00:24:13,960

and I asked a lot of other people who were psychics

341

00:24:13,960 --> 00:24:16,960

what that meant, and they said it must be a past life.

342

00:24:16,960 --> 00:24:19,960

So I went into some history books,

343

00:24:19,960 --> 00:24:22,960

and I just automatically went to the history of Spain,

344

00:24:22,960 --> 00:24:25,960

and I picked out the books of Isabella and Ferdinand,

345

00:24:25,960 --> 00:24:28,960

and as I glanced through those books,

346

00:24:28,960 --> 00:24:30,960

the things that I was remembering were written in history.

347

00:24:30,960 --> 00:24:34,960

It explains more to me than my Midwest upbringing ever did.

348

00:24:34,960 --> 00:24:36,960

I thoroughly believe in it.

349

00:24:36,960 --> 00:24:40,960

I feel that many of the traits that I have today

350

00:24:40,960 --> 00:24:43,960

are direct bearings on what I did in past life.

351

00:24:43,960 --> 00:24:46,960

I'm like, oh, we go back all the way to Greece,

352

00:24:46,960 --> 00:24:50,960

ancient Greece, when Arti was a senator,

353

00:24:50,960 --> 00:24:52,960

and I was his daughter,

354

00:24:52,960 --> 00:24:56,960

and if he's nice, that's fine.

355

00:24:56,960 --> 00:24:58,960

If he's not nice, that's fine.

356

00:24:58,960 --> 00:25:00,960

I have to be where he is.

357

00:25:00,960 --> 00:25:03,960

I find about 10% of my patients

358

00:25:03,960 --> 00:25:07,960

have brought some garbage with them from a past life

359

00:25:07,960 --> 00:25:11,960

that does not respond to age regression in this life

360

00:25:11,960 --> 00:25:14,960

and taking the person all the way back to the womb,

361

00:25:14,960 --> 00:25:17,960

searching for the original episode,

362

00:25:17,960 --> 00:25:20,960

and they still have the emotional problem,

363

00:25:20,960 --> 00:25:22,960

then there's only one place to go to,

364

00:25:22,960 --> 00:25:25,960

and that's to a past life, and there I find it.

365

00:25:25,960 --> 00:25:27,960

Case history after case history.

366

00:25:27,960 --> 00:25:29,960

There is something to this.

367

00:25:41,960 --> 00:25:45,960

Next week, Dowsing. An element of the divine.

368

00:26:11,960 --> 00:26:18,960

Thank you.